

CHS General Meeting 4/11/18

1. Welcome -Laura Buonomo- 6:30

- Agenda presentation
- Announcements about raffle tickets

2. Ms. VanBuskirk presents President Mckenna's announcements

- Activities Update: Art Award Winners – Scholastic Art Competition:
 - Gold Key Awardees
 - Queenie Chen, 277
 - Kymble Clark, 277
 - Leila Ibrahim, 278
 - Marcelina Jodlowska, 277
 - Jingwen Lin, 277
 - JJ Park, 278
 - Annalisa Quinn, 279
 - Wenjie Xin, 277
 - Silver Key Awardees
 - Marcelina Jodlowska, 277
 - Mary Kulesa, 277 (2 Silvers)
 - Kinhthia Lam, 278
 - Asher Lentz, 277
 - Jingwen Lin, 277
 - Murray, 277
 - JJ Park, 278 (4 Silvers)
 - Deandra Robinson, 278
 - Neve Shaver, 278
 - Melanie Torres, 277
 - Wenjie Xin, 277
 - Honorable Mentions
 - Alpha Barry, 277
 - Queenie Chen, 277 (2 HMs)
 - Kymble Clark, 277 (3 HMs)
 - Seirah Davis, 277
 - Miranda DeBeary, 278
 - Isabella Heal, 277
 - Leila Ibrahim, 278 (4 HMs)
 - Marcelina Jodlowska, 277 (2 HMs)
 - Mary Kulesa, 277 (6 HMs)
 - Jingwen Lin, 277
 - Jessica Mark, 278
 - Maddie Mast, 278 (2 HMs)

- JJ Park, 277 (3 HMs)
 - Annalisa Quinn, 279
 - Wenjie Xin, 277
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 - Wenjie Xin, 277
- Delaware Valley Science Fair:
 - 12 projects (14 kids) participated.
 - 10 projects won -21 awards. 7 category awards- and 14 special awards.
 - Shehbeel Arif - 1st place - BRONZE (Intel ISEF) - Harrisburg University Scholarship - Janssen Biotech Biotechnology Award - Parenteral Drug Association Award
 - Annalisa Quinn - 2nd place - ASU Walton Sustainability Solutions Initiatives - Water Environment Federation Water Environment Federation Award HM
 - Brandon Sharkey - 3rd place - Harrisburg University Scholarship - University of the Sciences in Philadelphia-
 - Third Place Brenda Krishnawongso - Harrisburg University Scholarship
 - Dru Mclver-Jenkins - 2nd place - Janssen R&D Excellence in Cardiovascular and Metabolism Research Award
 - Helen Jiang - 2nd place - Harrisburg University Scholarship - Janssen R&D Excellence in Cardiovascular and Metabolism Research Award
 - Mary Elizabeth Greeley - Harrisburg University Scholarship
 - Omar Swidan - Harrisburg University Scholarship
 - Prem Modi - 3rd place
 - Rujia Zhang - 2nd place
- International Day – 4/12: Thank you in advance for volunteering to support our program.

- Guys and Dolls – 3/22 – 3/24: Major success for the performing arts at CHS – 1400 tickets – 250 students involved in the production and performance of the show.
- Athletics:
 - Lauren James – Charleston Southern University - Full ride for track and field
 - Soosung Whang – Philadelphia All-Star Game for football
 - Bashir Steed – Going to Kutztown to play football
 - Gabrielle Garrett will be playing tennis at West Chester University
- Robolancers: Won the Chairman’s Award at the Mid-Atlantic Robotics Championship. Our team has qualified for the World Championship in Detroit, Michigan.
- Graduation: June 12th @ 10am
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- Guys and Dolls – 3/22 – 3/24: Major success for the performing arts at CHS – 1400 tickets sold – 250 students involved in the production and performance of the show.
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3. Questions taken from audience for Ms. VanBuskirk about grades, GPA and report cards:

- What is the difference between weighted and unweighted GPA.
 - Unweighted counts each course as one point
 - Weighted gets multiplier points.
 - Each class is 1.1 in Central,
 - Honors Classes are 1.15
 - AP or IB classes are 1.2
 - Colleges will see both unweighted and weighted on transcript
 - School district has a GPA calculator on their website
 - Ms Van Buskirk will post link to the GPA calculator work book on HAS list serve.
 - Differences between Report Card and Transcript
 - Report card is created for family – it will not be seen by colleges
 - Report card has elements not included on transcript like attendance
 - Colleges see transcript, which is just academic record.

4. Mindfulness Matters- Judith Smith Long- Inner Strength Foundation

- Goal: Students learn through meditation to calm and center themselves, they discover a pliability, resilience, and renewed interest in life.
- Curriculum designed for 12 weeks, freshman get 4 weeks
- Curriculum:
 - Explanation of mindfulness
 - Teach 7 different practices, breath, body scanning, sound, open awareness, thought bubble, eating meditation, loving kindness
 - Cultivating care
 - Seeing freshly- come to experience open mindedness, slowing down

- How our brains evolve, flight fight freeze response, brain development-frontal cortex- reading situations, reading facial expressions
- Thoughts in the mind and awareness
- Body scanning
- Why we are so stressed in the context of culture and history
- Cultural view
- Art and Science and relationship
- Conscious transition

5. HAS Updates

- Mimi Harvey- Environment
 - Bathroom room improvement updates
 - Clean up Friday April 27th
 - May clean up May 5th outside 1-5pm all students welcome
 - Illegal dumping in our parking lot- calls placed to counsel woman-Cindy Bass to enlist her help in clean up
- Carmen Hayman and Tany Bertolino -Celebrating Central
 - Panorama – Happy hour fund raiser- 100% comes back to Central
 - Purchase tickets on-line via Brown tickets
 - Auction 6/2 /18 - goal is to raise money for air conditioning and painting of cafeteria.
 - Location: IATZ ballroom near Ikea in South Philly. Off street parking available
 - Need help soliciting donations- business, famous person, restaurants, salon
 - Plan to spot light parents businesses if they donate.
 - Selling raffle tickets for mac book pro \$5 ea. or 5/\$20
 - Sponsor forms available

6. Class Updates

- 277 Class Representative Debra Holland
 - Senior class trip to DC leaves at 7am 4/12/18 returns 11pm, bring lunch money
 - Seniors community service is due
 - Central-thon 5/18
 - Senior Picnic 5/22 – tickets will go on sale soon
 - Prom 6/7 Ballroom at the Ben
 - Tiles on sale \$75 purchase at alumni office
- 278 Class Representative- Jenny Yu
 - 4/27/18 Prom at Reading Terminal 7-11 pm
 - 4/27/18 Half day of school -Professional Development Day.
 - Collecting money for kids who can't afford full price of ticket and collecting prom dresses also. \$2600 collected- email Mr. Horowitz if interested
- 279 Class Representative Keir Grey

- Community Service hours due May 4th- essays sent in through google docs
- Annual Dodge Ball tournament May 29th
- During Report card conferences May 3rd and 4th -class of 279 is selling merchandise for fund raising: hats, shirts etc.
- 280-Class Representative Angela McNeil
 - 5/3-5/4 Report Card Conferences
 - 5/25/18 Keystone Makeup testing
 - Class of 280 T-shirts for sale with all student's names printed on them- \$10

7. Announcements

- International day 4/12/18
- Report card Conferences 5/3-5/4
- Central Cares day Saturday May 5th 1-4
- New student Orientation 8/13-16

8. Meeting closed 8pm